



**Eighth Annual Weekend Educational Program  
Nonnewaug High School in Woodbury, CT  
January 30/31, 2010**

**Presented by Dressage4kids, Inc.  
Sponsored by**

**The Kuehner Foundation**

**www.barnbynotes.com**

**The Connecticut Dressage Association Vista Vintage Award**

**www.knightbooks.com**



D - Dressage      E – Eventing      G – General interest      I – Instructors      P - Parents  
PC – geared toward Pony Clubbers and teenagers, but open to all  
All lectures are open to all unless otherwise stated.

**SCHEDULE -- SUBJECT TO CHANGE  
SATURDAY**

**8:00** Registration begins. If not preregistered, please come with registration form filled out and check ready.  
Breakfast available.

<u>TIME</u>		<u>LOCATION</u>
<b>9:00</b>		
<b>D</b>	Ten Ways to Improve Your Dressage Score Without Taking Lessons – <b>Margaret Freeman</b>	<b>Auditorium</b>
<b>P</b>	Roundtable Discussion for Parents: Raising the Horse Crazy Child and Surviving	<b>425</b>
<b>I</b>	How to Teach -- for the New Instructor – <b>Lendon Gray</b>	<b>Library</b>
<b>G/PC</b>	Evaluating Conformation – <b>Liz Webb</b>	<b>426/427</b>
<b>PC</b>	Preparing for the D2 and D3 Rating – <b>Kate Strankowski</b>	<b>428</b>
<b>10:05</b>		
<b>G</b>	Riding Forward into the New Decade: What's the Future Look Like? -- Panel	<b>Auditorium</b>
<b>11:10</b>		
<b>I</b>	Modifying Lessons Depending on Student Profile – <b>Vick O'Neil</b>	<b>Library</b>
<b>PC</b>	Wrapping/Bandaging for All Purposes: Injury, Stability, Shipping – <b>Kate Strankowski</b>	<b>426/427</b>
<b>G</b>	Centaur Connection - Bodywork for Riders and Their Mounts - <b>Bonnie Stetson</b>	<b>Gym</b>
<b>D</b>	Meeting for all dressage riders trying out for NAJYRC – <b>Karen Davis</b>	<b>425</b>
<b>1:00</b>		
<b>G/PC</b>	How to Select Feed for your Horse – <b>Liz Webb</b>	<b>426/427</b>
<b>G</b>	Whether Teaching the Senior Rider or Working the Senior Horse - Keep Them Safe, Sound and Successful – Sponsored by the Vista Vintage Fund – <b>Vicki O'Neil</b>	<b>Auditorium</b>
<b>G/PC</b>	Learn about the World Championships for Young Breeders – <b>Britta Johnson</b>	<b>425</b>
<b>2:05</b>		
<b>I</b>	Roundtable Peer Instructor/Trainer Discussion: Bring your questions and problems – professionals only – <b>Lendon Gray</b> moderator	<b>Library</b>
<b>G/PC</b>	A Fitter Rider is a Better Rider (be dressed to do exercises) - <b>Linda Schultz</b>	<b>Gym</b>
<b>PC</b>	Step-by-Step Guide to Creating a Successful Musical Freestyle - <b>Rebecca Howard Hathaway</b>	<b>426/427</b>
<b>P</b>	Raising Money to Support Your Child's Habit (Horse Habit, that is) – <b>Connie Cartesio</b>	<b>425</b>
<b>3:10</b>		
<b>G</b>	Improving Performance with Sport Psychology: in training and competition– <b>Jenny Susser PhD</b>	<b>Auditorium</b>
<b>G/PC</b>	Anatomy of the Foot and a Tour of the Farrier's Truck – Erika Peterson and Kerri Bradshaw	<b>428 and the heated garage</b>

**E/PC** Conditioning for Competition vs. Over-Conditioning: How to Train for Competition (or Upper Level Ratings) without Risking Lameness – **Jerry Schurink** 426/427

**4:15**

**G/PC** What you should be doing between now and May to be assured you will be at your best at your first competition – **Lendon Gray** Auditorium

**P/I/G** How to Find and Keep Sponsors – **Linda Schultz** 425

**SCHEDULE -- SUBJECT TO CHANGE  
SUNDAY**

**7:30** **Registration begins. If not preregistered, please come with registration form filled out and check ready.**

**Breakfast available.**

**8:00**

**I** Roundtable Instructor/Trainer Peer Discussion: Bring your questions and problems – open ONLY to professionals – **Lendon Gray** – moderator Library

**PC** Preparing for the C1 and C2 Rating – **Maureen Pach** 428

**P** Roundtable Discussion: Raising the Horse Crazy Child and Surviving 425

**G** Dressage Rule Situations: What would you do? -- **Margaret Freeman** Auditorium

**9:05**

**G** Saddle Fitting for Optimum Performance – **Katie Gussenhofen** 426/427

**G** What Riders of all Disciplines Can Gain from Each Other – **Mary Trowbridge** Auditorium

**I** Teacher Expectations and their Impact on Students – **Kimberly Carleton** Library

**10:10**

**GA** Fitter Rider is a Better Rider – **Linda Schultz** (be prepared to do exercises) Gym

**I** Identifying Rider Personalities – **Lindsay Knight** Library

**PC** USPC Upper Level Prep–C3 and above–Mastering the unmounted requirements: **Maureen Pach** 426/427

**G** Forming a Quadrille Team and Competing for Charity – **Jill and Jessica Kuc** 425

**11:15**

**I** Understanding Learning Styles and Teaching Implications for the Riding Instructor – **Kimberly Carleton** Library

**PC/G** Equine Dental Care especially for the Mature Horse -- **Michelle Singer VMD** Auditorium

**G** Creating a Comfortable Horse: Massage, Cranial Sacral Therapy and Stretching – **Key Burns** 428 and the heated garage

**1:00**

**G/PC** You Have an Emergency: What to Do Until the Vet Arrives -- **Cathy Davis** 425

**D** Just what is Collection and How Do I Find it? -- **Lendon Gray** and **Margaret Freeman** 426/427

**G/PC** How to Design a Commonsense Feeding Program with Variation for the Older Horse, Overweight Horse, Poor Keeper, etc. – **Olivia Martin** Auditorium

**2:05**

**G** Creating a Community at Your Barn: Adding a Social Aspect to Your Barn's Amenities -- **Cathy Davis** 425

**PC/G** Learn about the Horse's Skeleton – **Liz Webb** 426/427

**G/I** The German System of Training Riders – **Britta Johnson** Library

**E** What to do after each phase to ensure soundness for the next – **Dr. Emily Dean, DVM** Auditorium

**3:10**

**PC/G** A Vet's Perspective on Diet, Nutrition, and Alternative Supplements (in the competition horse) -- **Carole Holland, DVM** 426/427

**G** Getting to be an International Rider Following the Back Roads: Opportunities for riders on a limited budget – **Lendon Gray** Auditorium

**E** The 2010 Eventing Dressage Tests: Major and Minor Changes – **Margaret Freeman** Library